

# Bradford Sub Aqua Club

## Try-a-Dive and Try-a-Snorkel



### Important - Please Read

Sub-aqua diving is a sport that requires general physical fitness and good health. Anyone with a medical history of diabetes, blackouts (epilepsy, etc.), perforated eardrums, high blood pressure or heart disease, any lung or respiratory disorder (such as Asthma), or dependence on drugs, may not be able to dive safely and so **MUST** seek specialist advice before contemplating taking up this sport including a Try-a-Dive or Try-a-Snorkel.

Try-a-Dives and Try-a-Snorkel events are available on the understanding that the persons taking part:

- (a) Consider themselves medically fit and do not suffer from any of the disqualifying conditions mentioned above.
- (b) Will, in the interest of safety, comply with all instructions given to them by the Instructor.
- (c) Are able to swim and be confident in the water.
- (d) Will bring to the attention for the instructors any other matters that they feel may have an influence on their safe enjoyment of the session.

There is no lower age limit for participation in a Try-Dive, Try-Snorkel but organisers are at liberty to impose a limit on minimum age or stature, as they consider appropriate.

Every precaution will be taken for the safety of visitors and the Branch reserves the right to terminate the session should there be reason to doubt fitness, ability or suitability to dive.

- Remember to bring:
1. Swimming Costume
  2. Towel
  3. T-Shirt (for Try-a-Dives only)

----- Please complete and return to the dive coordinator prior to the event. -----

#### Bradford Sub-Aqua Club Try-a-Dive and Try-a-Snorkel Declaration Form

**(Please Print)**

Name of Applicant .....

Address .....

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Postcode ..... Phone number .....

Date of Birth ..... Shoe Size (for fins) .....

Email Address .....

Event:            Try-a-Dive                We would like to keep you informed about the activities of the branch. If you are interested then please tick the box to confirm you are happy to receive our free newsletter by e-mail   

                      Try-a-Snorkel  

To try and improve our public awareness we would like to know how you heard about these "try out" sessions: .....

I hereby certify that I have read and understood the above, particularly the disqualifying medical conditions and I will comply with the above points (a) to (d) inclusive.

Signature of Applicant ..... Date .....

Signature of Parent / Guardian if Applicant under 18 .....

Any Queries Contact The Diving Officer [do@bradfordsubagu.co.uk](mailto:do@bradfordsubagu.co.uk) Mobile No 07575253311

